

# FREE PARENT WEBINAR



## Looking after our children's sleep

Start At **5pm-  
5.50pm**



**Thursday**  
12th June 2025

**Book your free place now via Arbor for the online Sleep Hygiene workshop followed by a Q & A session with Brian.**

**Brian is a qualified children's sleep practitioner and, in this role, he strategically leads the development and delivery of our evidence-based sleep services. These services include a range of support such as sleep clinics for families of children with complex sleep issues, provision of workshops as well as training for professionals. Brian collaborates and works closely with the local clinical commissioning groups and funders to report the impact of services, helps to deliver training and workshops and is responsible for the sleep practitioner and our National Sleep Helpline team.**



**Brian Marshall**

Head of Sleep  
Support



### **Online Zoom meeting**

Book your place on  
Arbor (limited places  
available)



[www.thesleepcharity.org.uk](http://www.thesleepcharity.org.uk)