

# Y6 East Barnby



13<sup>th</sup> -17<sup>th</sup> October 2025





# Where is East Barnby?

East Barnby is located near to Whitby in the North York Moors National Park

<https://outdoored.co.uk/>

It takes around 90 minutes on a coach.

We will leave school as soon after 9am as possible on Monday and return at about 3pm on Friday.

# Programme of activities

- Children will spend the days in small activity groups of approximately 12 children with a member of Western Staff and an East Barnby instructor.
- All instructors are fully qualified for the activities they are leading.

Monday		Tuesday		Wednesday		Thursday		Friday		
Arrive, dormitory and waterproof allocation	1	Beck Scramble	Canoe		Climb		Mountain Bike	Orienteer	Seashore	Review of Centre depart
	2	Beck Scramble	Climb		Mountain Bike	Orienteer	Canoe		Seashore	
	3	Beck Scramble	Climb		Canoe		Orienteer	Mountain Bike	Seashore	
	4	Beck Scramble	Orienteer	Mountain Bike	Climb		Canoe		Seashore	
	5	Beck Scramble	Mountain Bike	Orienteer	Canoe		Climb		Seashore	

# Beck Scrambling

- Children walk alongside (and through!) a small tributary of the River Esk.
- This involves getting very wet and muddy!





# Rock Climbing

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- All participants wear a helmet and a harness and are roped to the rock at all times.
- The centre also has an on-site indoor climbing wall.





# Canoeing

- Children complete a journey in Canadian (open) canoes along the River Esk to Whitby Harbour.
- Children share canoes with 2 other children.
- Helmets and buoyancy aids are worn.





# Mountain Biking

- The children spend half a day at Dalby Forest cycling some easy mountain bike trails with the option to progress to some more challenging trails if they are confident.
- All abilities are catered for!





# Curriculum Links

- Real- life links to our Geography topic – Rivers
- Human and physical features of the landscape
- Human impact on the landscape
- Practical geography skills- map reading.





# Domestic arrangements

- Children sleep in bunk beds in single sex dormitories.
- The rooms range in size from 4 beds to 12 beds.
- Teachers' rooms and bathrooms are within the same building.
- External doors are electronically secured at night.
- All dorms are equipped with smoke alarms and fire extinguishers.





# Domestic arrangements

- Meals are prepared and served in a large kitchen/ dining room. The food is excellent, varied and plentiful.
- Individual dietary arrangements are catered for (as long as we know about them!)
- Packed lunch will be needed on Monday.







# Staffing

- Mrs Brooke
- Mr Roberts
- Mrs Smith
- Mr Roslin
- Mrs Howes/Miss Taylor



# What to pack

- See kit list
- Remember lots of layers
- Old clothes are best.
- Please name EVERYTHING!
- Things that often get forgotten: water bottle, rucksack, towel, gloves
- Bring a stamped, addressed envelope if the children would like to write home.
- Medication (handed to Mrs Smith on Monday morning)
- Bin bag!
- Tuck shop money (max £7) (handed to Mr Roberts on Monday morning)
- NO electronics, mobile phones or food!





**Any Questions!**