

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

Rainbow Vegetable stir fry noodles



Cheese & Bean Lasagne



Vegan Lentil & Stuffing Pastry Roll



Vegetable Bolognese with Penne Pasta



Vegan Vegetable Nuggets & Chips



OPTION 2

Ham & Cheese Pasta

Traditional Beef bolognese



Chicken Fajitas with Mixed Vegetables

Chicken in a Katsu Curry Sauce & Rice



Oven Baked Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Mixed salad



Peas



Beans



FILLED ROLLS



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Peach & Pineapple Crumble



Apple & Cocoa Sponge



Lemon Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

